

Effective networks with ukrainian psychologists

LESSON 8

Perceptions of Inclusion, well-being and Identification with the European Union in Ukrainian university students



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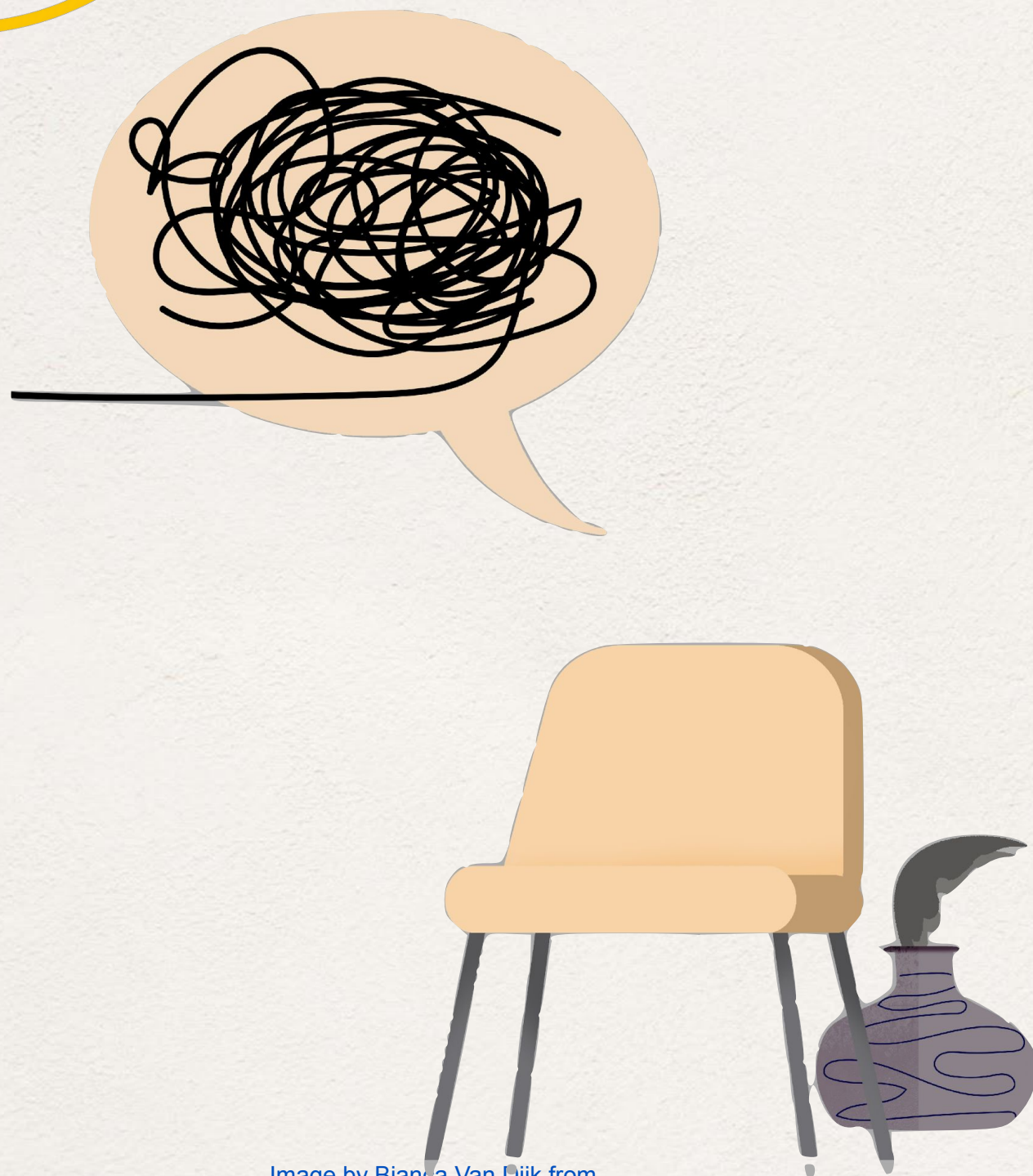


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- Collaboration with Ukrainian mental health professionals ensures culturally and linguistically appropriate care
- Such support increases trust, engagement, and continuity in therapy (EthnoMed, 2023)
- Networks are essential for addressing barriers faced by displaced or war-affected students

Accessing Ukrainian-Speaking Services

- Universities should compile lists of local and online Ukrainian-speaking psychologists
- Telehealth and crisis response networks expanded significantly after 2022
- The National Psychological Association of Ukraine (NPA) provides crisis hotlines and free online counseling (Lupis, 2023)
- Tutors can guide students in safely accessing these remote services

Building Sustainable Support Systems

- Collaboration with diaspora NGOs expands access to culturally competent care
- Initiatives such as Ukraine Telehealth Relief and GPNOW Ukrainian Crisis Care provide remote consultations
- Engagement of Ukrainian professionals in workshops, mentoring, and events strengthens support systems
- Ongoing coordination between tutors, universities, and psychologists ensures consistent and appropriate care
- Effective networks rely on active collaboration, communication, and integration into university systems

Thank you

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