



**Perceptions of inclusion, well-being and identification with  
the European Union in Ukrainian university students**

Pr.No: 2024-1-IT02-KA220-HED-000253039

***Micro Credentials for Module B***

<b>Learner's Name Surname</b>	.....
<b>Name of the Micro-credential</b>	UkraStud – Module B: Promoting the academic performance of Ukrainian university students: Effective approaches to improve learning and academic performance of Ukrainian university students
<b>Country(ies)/Region(s) of the issuer</b>	EU / UkraStud Project Consortium
<b>Awarding body(ies)</b>	Suceava / Romania (Module B Lead) UkraStud Project Consortium
<b>Date of issuing</b>	...../...../.....
<b>Module number/name</b>	Module Module B: Promoting the academic performance of Ukrainian university students: Effective approaches to improve learning and academic performance of Ukrainian university students
<b>Module objective (description)</b>	This module aims to equip tutors, educators, and academic staff with practical strategies to support the academic success of Ukrainian university students. Through a series of lessons, participants explore effective approaches that tutors can use to guide students in developing productive study habits, managing time efficiently, improving memory and concentration, and strengthening academic skills such as critical thinking, note-taking, and academic writing.



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	The module also introduces techniques for helping students manage exam stress, maintain motivation, use digital learning tools effectively, and engage in collaborative learning activities. By completing the module, tutors will gain practical methods for mentoring students, improving their learning strategies, and supporting their academic performance in higher education environments.
<b>Keywords</b>	Academic support, Tutoring strategies, Study strategies, Time management, Memory techniques, Critical thinking, Academic writing, Digital learning tools, Student motivation, Collaborative learning
<b>Notional workload needed to achieve the learning outcomes</b>	Approximately 60 minutes of video + 25 minutes of additional materials (readings + short tasks + 10-question knowledge check)
<b>Learning outcomes</b> <b>Propose to merge all learning outcomes of units</b>	<p>By the end of the module, participants will be able to:</p> <p><b>KNOWLEDGE</b></p> <ul style="list-style-type: none"> <li>● Explain the key factors that influence students' academic performance in higher education.</li> <li>● Describe effective study strategies, time management techniques, and memory methods that can improve student learning.</li> <li>● Understand the role of critical thinking, academic writing, and active learning in students' academic development.</li> <li>● Recognize common challenges faced by university students, including exam stress, lack of motivation, and difficulties in organizing learning activities.</li> </ul> <p><b>SKILLS</b></p> <ul style="list-style-type: none"> <li>● Guide students in developing effective study plans and time management strategies.</li> <li>● Support students in applying memory enhancement techniques such as active recall, spaced repetition, and mind mapping.</li> <li>● Encourage students to develop critical thinking, analytical skills, and effective note-taking practices.</li> <li>● Assist students in improving academic writing and presentation skills.</li> <li>● Recommend appropriate digital tools and online resources that support learning and academic organization.</li> </ul> <p><b>COMPETENCES</b></p> <ul style="list-style-type: none"> <li>● Demonstrate the ability to mentor and guide students in improving their learning strategies and study habits.</li> <li>● Create supportive academic environments that encourage motivation, engagement, and independent learning.</li> <li>● Help students manage academic stress and develop effective exam preparation strategies.</li> </ul>



	<ul style="list-style-type: none"> <li>Support collaborative learning and constructive peer interaction among students.</li> </ul>
Level of the learning experience leading to the micro-credential	<p>Introductory / Professional Development</p> <p>EQF</p> <p>Level 5</p>
Type of assessment	<p>Interactive scenario-based activities within video lessons</p> <p>10-question multiple-choice test (4 choices each)</p> <p>Success criterion: minimum 7 correct answers (70%)</p> <p>Example questions include topics such as:</p> <ul style="list-style-type: none"> <li>Strategies tutors can use to support student learning</li> <li>Study planning and time management techniques</li> <li>Memory enhancement and active learning strategies</li> <li>Supporting students' academic writing and critical thinking</li> <li>Helping students manage exam stress and maintain motivation</li> </ul>
Form of participation in the learning activity (Learning environment)	<ul style="list-style-type: none"> <li>Massive Open Online Course (MOOC)</li> <li>Interactive video learning modules (H5P)</li> <li>Scenario-based learning activities</li> <li>Online self-assessment quizzes</li> </ul> <p><b>Link:</b> <a href="https://course.ukrastud.eu/course/view.php?id=4">https://course.ukrastud.eu/course/view.php?id=4</a></p>
Qualifications connected to the micro-credentials	<p>The micro-credential certifies that the participant has successfully completed training focused on supporting the academic performance of Ukrainian university students.</p> <p>The credential may contribute to:</p> <ul style="list-style-type: none"> <li>professional development of tutors and academic staff</li> <li>staff training in student mentoring and academic support</li> <li>institutional initiatives aimed at improving student learning outcomes</li> <li>continuous professional development (CPD) in higher education</li> </ul>

