

***A positive contact strategy  
between international (Ukrainian)  
and local students: Imagined  
contact***

**LESSON 8**

**Perceptions of Inclusion, well-being and Identification  
with  
the European Union in Ukrainian university students**



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Let us now consider a form of contact that is easy to implement.

## Imagined contact

➤ **Imagined contact** is the mental simulation of a positive interaction with one or more members of an outgroup (Crisp & Turner, 2009, 2012; Miles & Crisp, 2014).

# Imagined

# Contact

- Research has shown that imagined contact:
  1. improves evaluations of outgroup members;
  2. increases trust and empathy toward them;
  3. encourages direct contact (Crisp et al., 2010; Turner et al., 2013);
  4. curbs marginalized groups' dehumanization (Capozza et al., 2017; Vezzali et al., 2012);
  5. enhances perceptions of social self-efficacy (see Stathi et al., 2011).
  
- The positive effects of imagined contact **can last up to one month** (Falvo et al., 2014).
  
- Interventions based on imagined contact **can facilitate and promote subsequent direct contact.**

# Thank you

Any Question?

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