

**Promoting the academic performance of
Ukrainian university students: Effective
approaches to improve
learning and academic performance of
Ukrainian university students**

LESSON 8

***DIGITAL TOOLS AND ONLINE RESOURCES FOR
ENHANCING LEARNING***

Perceptions of Inclusion, well-being and Identiflcation with
the European Union in Ukrainian university students



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CONTENT

- The Importance of Digital Tools in Learning
- Structured vs. Unstructured Digital Use
- Platforms for Organization and Planning
- Google Calendar, Trello, Notion
- Applying Digital Planning Techniques
- Online Resources for Active Learning
- Learning Platforms and Educational Content
- Memorization and Testing Applications
- Digital Collaboration and Communication Tools
- Microsoft Teams, Google Docs, Slack
- Managing Digital Distractions
- Causes of Digital Distraction
- Increasing Productivity with Digital Control

The Importance of Digital Tools in Learning

- Facilitate efficient organization of study tasks
- Improve access to academic information
- Support time management and prioritization
- Enhance flexibility in learning





Structured vs. Unstructured Digital Use

- Planning apps support systematic study
- Lack of structure leads to inefficiency
- Organized students monitor deadlines effectively
- Digital tools improve academic consistency





Platforms for Organization and Planning

- Use digital calendars for scheduling
- Break tasks into manageable study blocks
- Set reminders and notifications
- Monitor weekly academic goals



Applying Digital Planning Techniques

- Divide tasks into 25–50 minute sessions
- Include short breaks between sessions
- Use reminders to maintain focus
- Review progress regularly

Online Resources for Active Learning

- Access online courses and tutorials
- Use educational videos for clarification
- Explore academic databases and articles
- Supplement lectures with structured content



Learning Platforms and Educational Content



- Coursera and Khan Academy for structured courses
- YouTube Edu for topic explanations
- Academic articles for in-depth research
- Interactive platforms for practice





Memorization and Testing Applications

- Use Anki for spaced repetition
- Create flashcards in Quizlet
- Practice active recall digitally
- Monitor retention progress





Digital Collaboration and Communication Tools

- Facilitate teamwork in academic projects
- Enable real-time editing and feedback
- Support remote communication
- Improve project coordination

Microsoft Teams, Google Docs, Slack



- Collaboratively write and edit documents
- Share files and resources instantly
- Track revisions and contributions
- Organize discussions efficiently



Managing Digital Distractions



- Identify sources of digital interruption
- Limit social media during study
- Reduce multitasking
- Create focused study environments





Causes of Digital Distraction

- Frequent notifications
- Social media engagement
- Constant message checking
- Lack of structured digital use



Increasing Productivity with Digital Control



- Use website blockers during study sessions
- Set fixed times for checking messages
- Apply digital Pomodoro techniques
- Balance technology use intentionally



Thank you

Any Question?

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