

Promoting the Concepts of European Identity and Values in Ukrainian University Students: Insight into the Concepts of European Identity and Values and How to Promote Them among Ukrainian University Students

LESSON 9

***BUILDING SOLIDARITY:
UKRAINE AND THE EU***

Perceptions of Inclusion, well-being and Identification with the European Union in Ukrainian university students



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In this lesson we will:

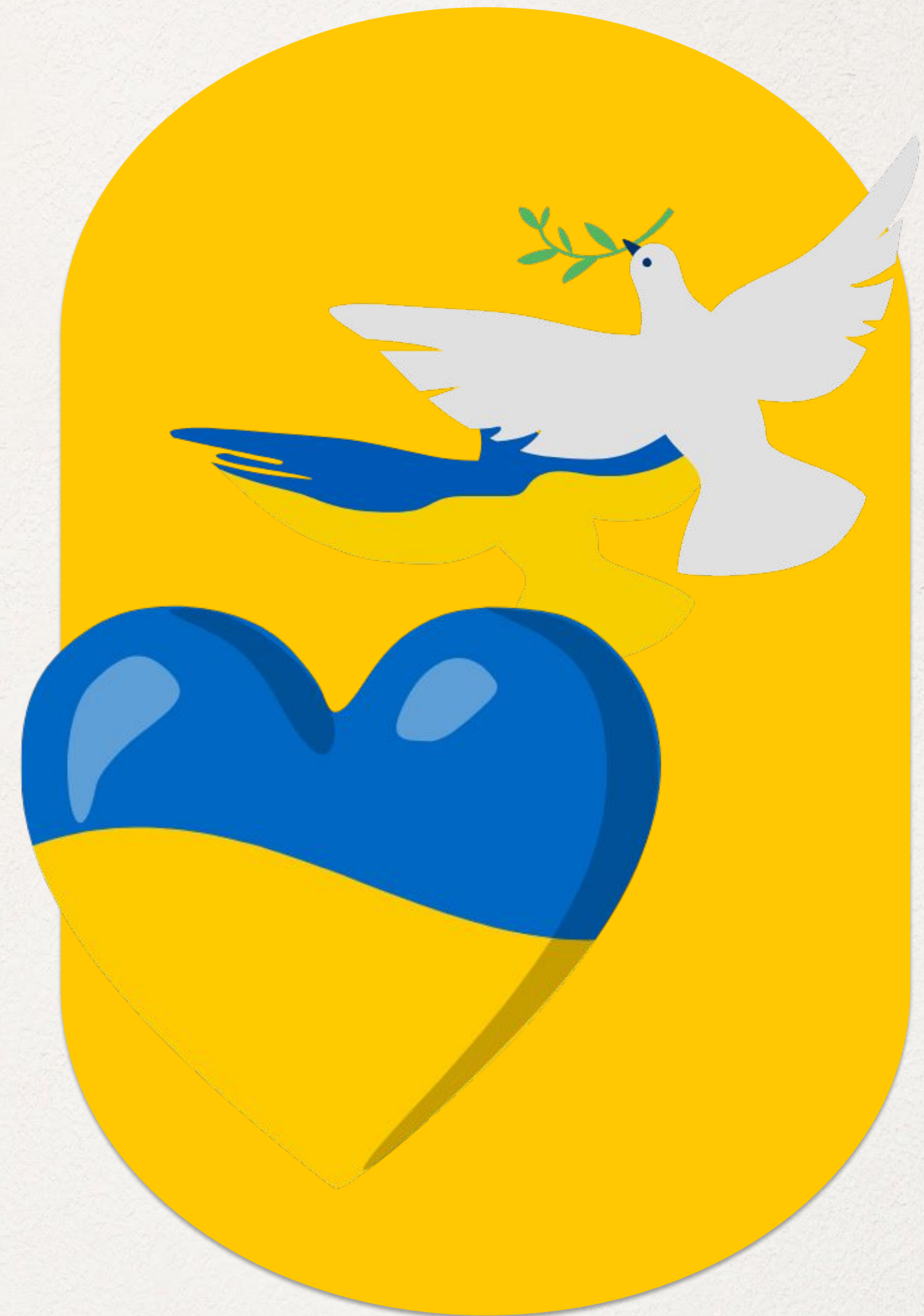
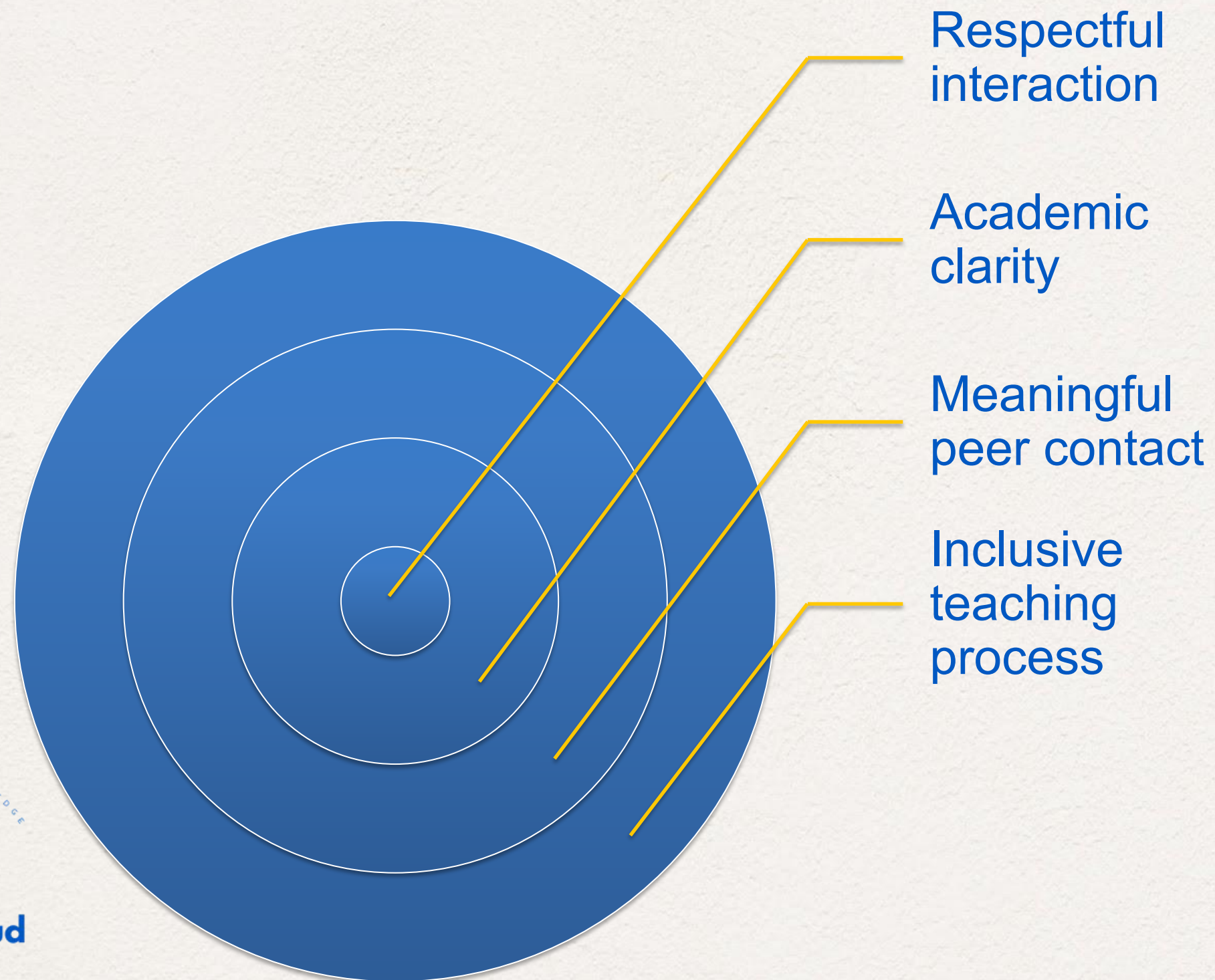
- Clarify what solidarity means in an academic context
- Explore how everyday practices strengthen belonging and well-being
- Examine research insights on peer contact and academic clarity
- Identify practical ways tutors can build solidarity with Ukrainian students



Building Solidarity

Solidarity is most powerful when practiced daily — not declared politically.

In universities, solidarity grows through:





Why Solidarity Matters for Europe?

- ☐ Reduces stereotypes
- ☐ Strengthens resilience
- ☐ Reinforces shared values
- ☐ Supports long-term social cohesion

Universities become small-scale models of European cooperation.



What Does Solidarity Mean in Education?

In an academic context, solidarity means:

- **Recognizing students' challenges**
- **Supporting dignity, autonomy, and well-being**
- **Creating predictable and transparent environments**
- **Encouraging mutual respect and inclusion**

Solidarity is interpersonal commitment in everyday practice.



Insights from the UkraStud Project



Research insights highlight:

- Frequent, meaningful peer contact increases comfort and engagement
- Feeling respected strengthens belonging
 - Academic stress and unclear procedures weaken connection
 - Clear guidance enhances confidence and inclusion

**Support + clarity = stronger
belonging**

*Introduce a 10-Minute “Shared Values Reflection”
this month:*

Activity 9.1.

Solidarity in Dialogue



Dedicate 10 minutes to ask: “What value helps people from different backgrounds learn together?” “Where do you see solidarity in everyday student life?”



Invite 2–3 short student reflections and briefly connect their answers to: fairness, cooperation, mutual respect.

Ask 2–3 students to share one way they’ve experienced support this week, then highlight how it reflects fairness, respect, or European values.



Thank you

Any Question?

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