

Promoting the Concepts of European Identity and Values in Ukrainian University Students: Insight into the Concepts of European Identity and Values and How to Promote Them among Ukrainian University Students

LESSON 3

***DIVERSITY AND INCLUSION IN THE EUROPEAN UNION***

Perceptions of Inclusion, well-being and Identification with the European Union in Ukrainian university students



Co-funded by the European Union

# In this lesson we will:

- Explore the meaning of European citizenship in higher education
- Understand key EU values and their role in academic life
- Learn practical strategies to foster inclusion and student well-being
- Identify simple actions to integrate citizenship into teaching and mentoring

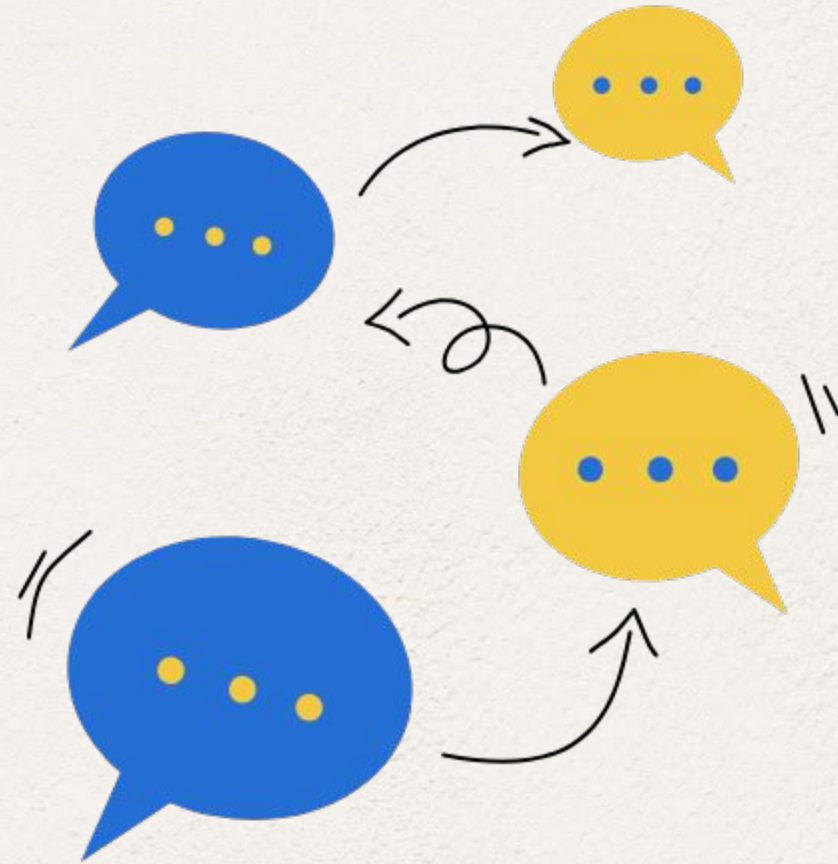
# Inclusion as Daily Practice

- Inclusion is not just a policy; it is experienced through everyday interactions.
- Students feel inclusion in concrete, daily academic moments.



Create a **POSITIVE**  
and **INCLUSIVE**  
learning  
ENVIRONMENT





# Clear and Supportive Communication

- Tutors can foster inclusion through communication that is: clear, supportive, predictable, and language-aware.
- Practical examples:
  - **Explain academic terms clearly**
  - **Check understanding without judgment**
  - **Provide written summaries**

**Impact:** Reduces anxiety, increases confidence, especially for non-native speakers.



# Accessible Materials

Inclusive practice requires learning materials that are accessible and usable for all students. The following practical steps can help tutors and teachers strengthen perceived study quality and promote student well-being:

**1** Share slides and notes in advance

**2** Provide English summaries where possible

**3** Use structured layouts and clear formatting





# Psychological Safety in Learning Spaces



Tutors can create safe spaces  
that encourage participation and  
learning



*Students will feel safe to collaborate, express ideas, and engage*

# Insights from the UkraStud Project

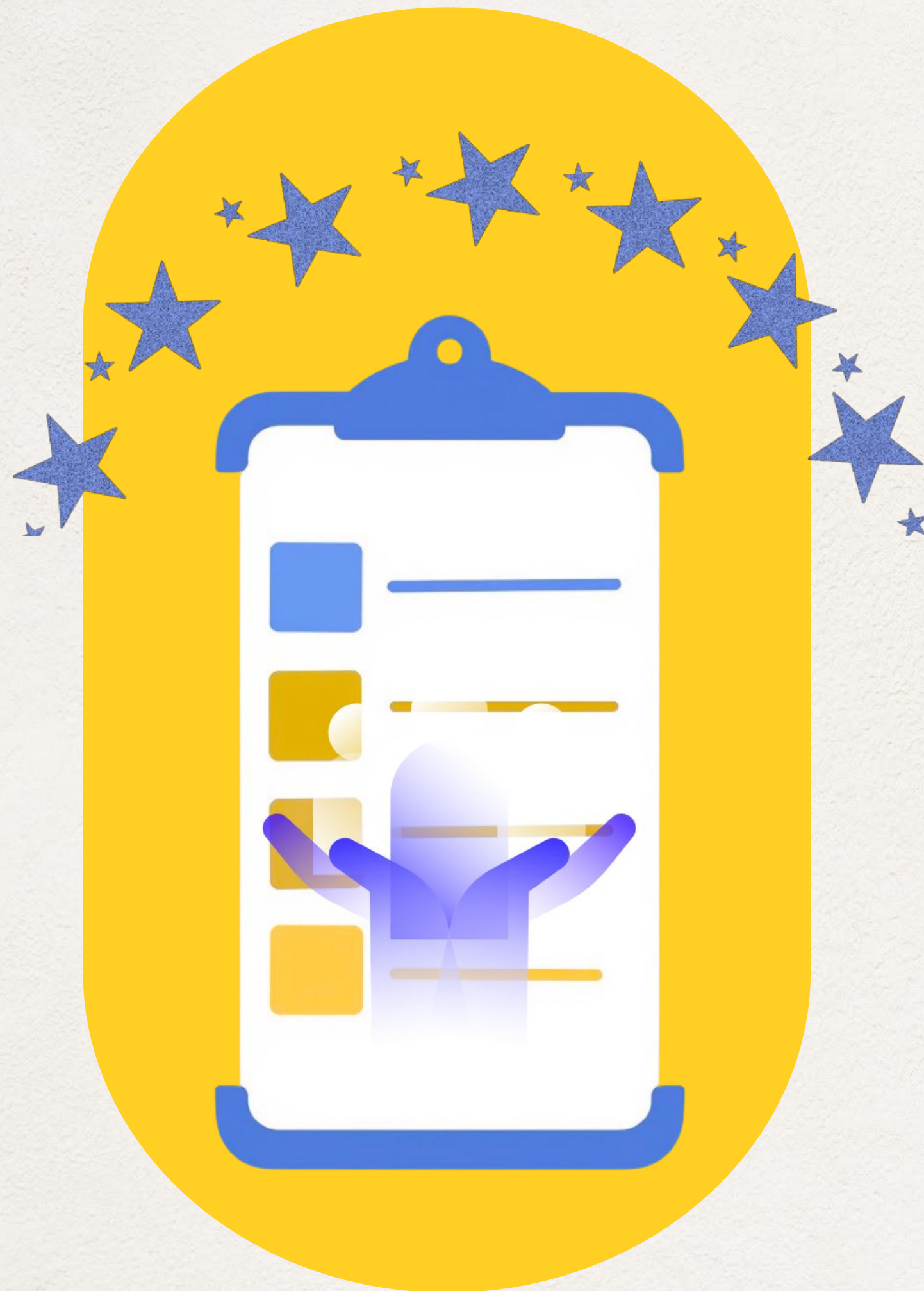


Inclusion requires awareness that every student's situation is unique

□ UkraStud shows perceived low inclusion → lower well-being

## Tutor strategies:

- Ask students what support they need
- Avoid stereotypes based on nationality, language, or background
- Recognize invisible challenges



# Inclusion Through Small, Practical Actions

Small, consistent actions create measurable impact and here are some examples:

- ✓ Correctly pronounce student names
- ✓ Respect time zones in online meetings
- ✓ Quick comprehension checks at the start of class
- ✓ Consistent feedback and clear expectations
- ✓ Respect cultural differences in participation

## Activity 3.1. Small Actions, Big Impact

*Strengthen inclusion through small, intentional actions in your daily academic practice.*



1. **Select** three small inclusive actions you will intentionally implement.



2. **Set a simple plan:** For each action, decide: When will I do this? How will I apply it consistently?



3. **Reflect after one week:** Ask yourself: Did this improve clarity, trust, or engagement? Which action will I keep as a regular practice?

*Inclusion grows from intentional habits, not policy declarations.*



# Thank you

Any Question?

## Web

[ukrastud.eu](http://ukrastud.eu)

## Social Media

@ukrastud



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