

Promoting the Concepts of European Identity and Values in Ukrainian University Students: Insight into the Concepts of European Identity and Values and How to Promote Them among Ukrainian University Students

LESSON 2

**CORE VALUES OF THE EUROPEAN UNION**

Perceptions of Inclusion, well-being and Identification with the European Union in Ukrainian university students



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# In this lesson we will:

- Explore the fundamental values of the European Union
- Examine how these values can be translated into everyday academic practice
- The role of tutors in supporting Ukrainian students navigating new educational environments





# The Six Core EU Values



These values are not abstract concepts — they shape institutional culture and daily academic life.

**Human dignity**

**Freedom**

**Democracy**

**Equality**

**Rule of law**

**Human rights**



# EU Values in Academic

In higher education, EU values become visible through everyday behaviour and institutional practices.

**1**

## Human dignity

Respectful communication, recognition of diverse experiences, space for student voice.

**2**

## Freedom

Academic freedom, open dialogue, encouragement of different perspectives.

**3**

## Democracy

Student participation, shared decision-making, feedback integration

**4**

## Equality

Transparent assessment criteria, equal opportunities, accessible materials.

**5**

## Rule of law

Clear procedures, predictable rules, transparent decision-making processes.

**6**

## Human rights

Right to education, non-discrimination, safety, and access to support services.



# Insights from the UkraStud Project



Findings from the UkraStud project show:

- Positive interactions and perceived inclusion are associated with higher psychological well-being.
- Students who feel respected and included report a stronger sense of belonging.
- Negative interactions correlate with lower well-being and weaker identification.

*Dignity, equality, and fairness shape student experience and belonging, especially for Ukrainian students.*



# The Role of Tutors

Tutors are primary interpreters of EU values in academic settings.



Through everyday actions, tutors communicate whether:

*Each consultation, assessment decision, and classroom interaction sends a message about the institutional commitment to EU values.*

# Activity 2.1. EU Values in Action

*Reflect on how core EU values can be strengthened in your everyday tutoring and teaching.*



**1. Choose one EU value** that you want to focus on this week.

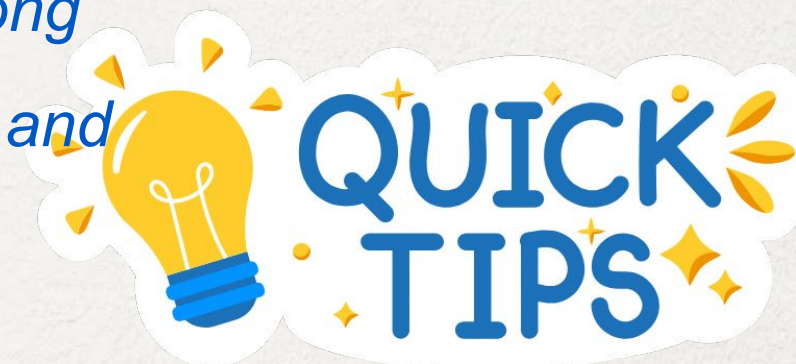


**2. Reflect** Answer the following questions:  
How is this value currently visible in your academic practice?  
Where could you improve or strengthen it?



**3. Plan a small action**  
Identify one practical step you can implement this week to enhance this value in your tutoring or teaching.

*Small, consistent adjustments can have a strong impact on students' sense of belonging, trust, and well-being.*



# Thank you

Any Question?

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[ukrastud.eu](http://ukrastud.eu)

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